

## 11 "SIMPLE SOLUTIONS" TO HELP KEEP YOUR COMMUNITY CATS HEALTHY

- (1) **Diatomaceous Earth Grade Flour** - (for killing parasites (worms including tape worm) in cats/dogs, this also keeps bugs and insects from entering the food bowls and kills fleas as well and more! > <http://wolfcreekranch1.tripod.com/defaq.html>
- (2) **Virgin Coconut Oil** (kills ear-mites, has over 90% saturated fat and has antimicrobial, antibacterial, and anti-fungal properties and more! > <http://wellnessmama.com/13700/benefits-coconut-oil-pets/>
- (3) **Probiotics** (healthy bacteria that boosts your kitties immune system and aides in the digestive areas. Contains guaranteed amounts of live active cultures Proven to promote intestinal health & balance also is a nutritional supplement for dietary management of cats with diarrhea..and more!> [http://www.petmd.com/.../n.../probiotics\\_for\\_feline\\_health-29508](http://www.petmd.com/.../n.../probiotics_for_feline_health-29508)
- (4) **Brewers Yeast** (brewer's yeast is an excellent source of both B vitamins and the minerals chromium. B vitamins play an essential role in the health of your cat's skin, coat and eyes. They facilitate fat, protein and carbohydrate metabolism to keep kitty's energy levels up, and support both his liver and nervous system and more!.> [http://www.ehow.com/about\\_5241206\\_brewer\\_s-yeast-cats.html](http://www.ehow.com/about_5241206_brewer_s-yeast-cats.html)
- (5) **Apple Cider Vinegar** (When ingested, helps to create an acidic environment in the digestive tract. This breaks up bladder crystals and kills harmful bacteria. Taking apple cider vinegar internally is a remedy for bladder blockages, bladder infections, respiratory infections, and other illnesses caused by bacteria. Along with using apple cider vinegar, cats which normally eat dry food should be switched to wet food. <http://www.petnet.io/.../holistic-healing-for-cats-apple-cide...>
- (6) **Colloidal silver** (May be used to treat over 650 diseases, ailments and disorders in cats and other animals, including humans. It is an effective anti-microbial agent, anti-parasitic and anti-viral agent. It also is effective in healing digestive disorders, wounds, burns, yeast imbalances, thyroid, liver, kidney, circulation, vision, hearing and other maladies affecting pets and people) Can cure upper respiratory infection and be used externally on wounds and any infections, theirs more)!.  
Read more : [http://www.ehow.com/about\\_5369874\\_colloidal-silver-cats.html](http://www.ehow.com/about_5369874_colloidal-silver-cats.html)
- (7) **L-Lysine**, If your feline friend has runny eyes and a stuffy nose, she may have more than just a kitty cold. Over half of all cats carry the feline herpesvirus, which can cause a variety of respiratory symptoms. Luckily, lysine supplements can help keep outbreaks under control. <http://pets.thenest.com/lysine-supplements-cats-9240.html>
- (8) **Butter** (Cat Hairballs yuck! The grooming brush is your best defense against hairballs, a daily brush followed by a wipe from a moist towel should help considerably. But during high hairball season, a half a teaspoon of butter for a few days can really help. (That's half a teaspoon of butter for the cat, not you.)
- (9) **Cranberry Juices** (Cats are naturally prone to bladder and urethra issues. If yours is so, unsweetened cranberry juice to the rescue. Cranberry increases urine acidity resulting in a reduced chance of blockages or infections. You can add cranberry powder to food, or cranberry juice to the water, or give your cat a cranberry capsule. Check online for proper doses for weights..
- (10) **Pumpkin & Prunes** (In older animals, digestion can get a bit bumpy. If your pet is more mellow than usual, seems to be straining, and makes frequent toilet attempts, constipation may be the problem. Adding canned pumpkin or diced prunes to food could get things started again. For a sever case, try mixing in a tablespoon of Milk of Magnesia. Note: Prune pits are toxic to both animals and humans, so make sure they are pit-free.
- (11) **Hydrogen Peroxide** (If your pet devours something toxic, you can use hydrogen peroxide to induce vomiting. Give them one teaspoon per five pounds of body weight, and repeat once if needed. (Call your vet, too as there are universal medicines once your pet is at your veterinarians.)